

# Nov 2023



OPPORTUNITY HOUSE  
ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	7 Basketball Lightning 2:45-4:30	8 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	9	10	11
12	13 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	14 Basketball Lightning 2:45-4:30	15 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	16	17	18
19	20 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	21 Basketball Lightning 2:45-4:30	22  <b>NO PRACTICES</b>	23	24	25
26	27 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	28 Basketball Lightning 2:45-4:30	29 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	30		

# Dec 2023



OPPORTUNITY HOUSE  
ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 State Bowling Tournament Landmark Lanes, Peoria
3	4 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	5 Basketball Games Heat & Light- ning at NASR- Belvidere Details TBA	6 Basketball Games Heat & Light- ning vs. Susan's Mission Details TBA	7	8	9
10	11 Basketball Games Heat & Light- ning vs. NASR- Belvidere Details TBA	12 Basketball Lightning 2:45-4:30	13 Basketball Games Heat & Thun- der at Susan's Misson, Morris Details TBA	14	15	16 Basket all All Teams vs. Rockford SO 9:00, 10:00, and 11:00
17	18 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	19 Basketball Lightning 2:45-4:30 Basketball Game Heat vs. Rock- ford Public Schools Details	20 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	21	22	23
24	25 <b>NO PRACTICES</b>	26 <b>NO PRACTICES</b>	27 <b>NO PRACTICES</b>	28	29	30
31						

# Jan 2024



OPPORTUNITY HOUSE  
ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>NO PRACTICES</b>	2 <b>NO PRACTICES</b>	3 <b>NO PRACTICES</b>	4	5	6
7	8 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	9 Basketball Lightning 2:45-4:30	10 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	11	12	13
14	15 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	16 Basketball Lightning 2:45-4:30 Basketball Game Heat vs. Rockford Public Schools Details TBA	17 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	18	19	20
21	22 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	23 Basketball Lightning 2:45-4:30	24 Basketball Heat 3:00-4:00 Thunder 4:30-5:30	25	26	27
28 Region A Basketball Tournament, Byron	29	30	31			

# Feb 2024



OPPORTUNITY HOUSE  
ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		