

Opportunity House, Inc. Recreation Newsletter

June/July 2023

Editor: Emily Kvasnicka



Announcements

Hello to everyone!

Summer is swinging in! We're excited to announce that there has been an increase in the amount of requests for Rec. activities. We would like to review some of the key pieces of information you need to know about Rec.:

- * Do you follow us on social media? Opportunity House Rec. Department is on Facebook and Instagram! Like and follow us for updates and photos!
FB: Opportunity House—Recreation Department
IG: opportunityhouse_rec
- * Please remember to rank your activity choices by preference (1st choice, 2nd choice, 3rd choice) when you send in your RSVPs.
- * Rec. payments need to be made out in full by the end of each month for that month only.
- * Because space is limited, last minute cancellations should be avoided unless it is an emergency. If the cancellation comes less than 24 hours in advance, the client will still be responsible for paying for that activity.
- * For activities that occur at the OH main building after business hours, please pick up/drop off clients at Side Door #2. Please use the doorbell to alert us of your arrival if we're not there waiting for you!

Announcements

- * Pricing for Out & About activities include transportation, ticket admission, and all meals/food/drink. Rec. will let you know if there is ever additional spending money needed for souvenirs.
- * Rec. is always here to help! If you need assistance with transportation to or from any activities, please communicate it with us at least 24-hours in before the activity so we can be sure to help!
- * We are always happy to accept Bingo Prizes, individually packaged snacks for our in-house activities, and buttered microwave popcorn for our Movie & Popcorn nights, and cases of water bottles for our Out & About activities.
- * Fun & Fierce Fitness will be taking a break in June after our amazing performance in May. We will resume in July. If you are interested in participating in this class, we are looking for new dancers! Enjoy a 45-minute long dance class where we focus on memorizing a dance routine as a group.

Now, onward to our Summer adventures!

- Emily Kvasnicka & Jil Cottone

Looking Back!



We got a chance to visit the Egyptian Theater and see the Liverpool Legends. Here's Jane, Janet, Randy, Joanna, Roxanne, John, David, Kris, Craig, and Kathy, ready for the show!



We danced and sang the night away. At the end of the show, we got their autographs and a chance to meet the band!

Looking Back!



Four winners in one Bingo game? Who would have thought?
Sarah, Jane, Angela, and Frank all won in the same game!



Angela, Roxanne, Shelby, and Mary Jo here to showcase their beautiful spring wreaths they made during craft. Miss Jil had us knot tons of pieces of fabric until it turned into this amazing art!

Looking Back!



Out & About to 4 Seasons Sports for a little bowling! These guys are ready for some strikes! Ready for a good time with Kevin, Casey, Sam, David, Bobby, Jess, Roxanne, John, Lisa, and Stanley!

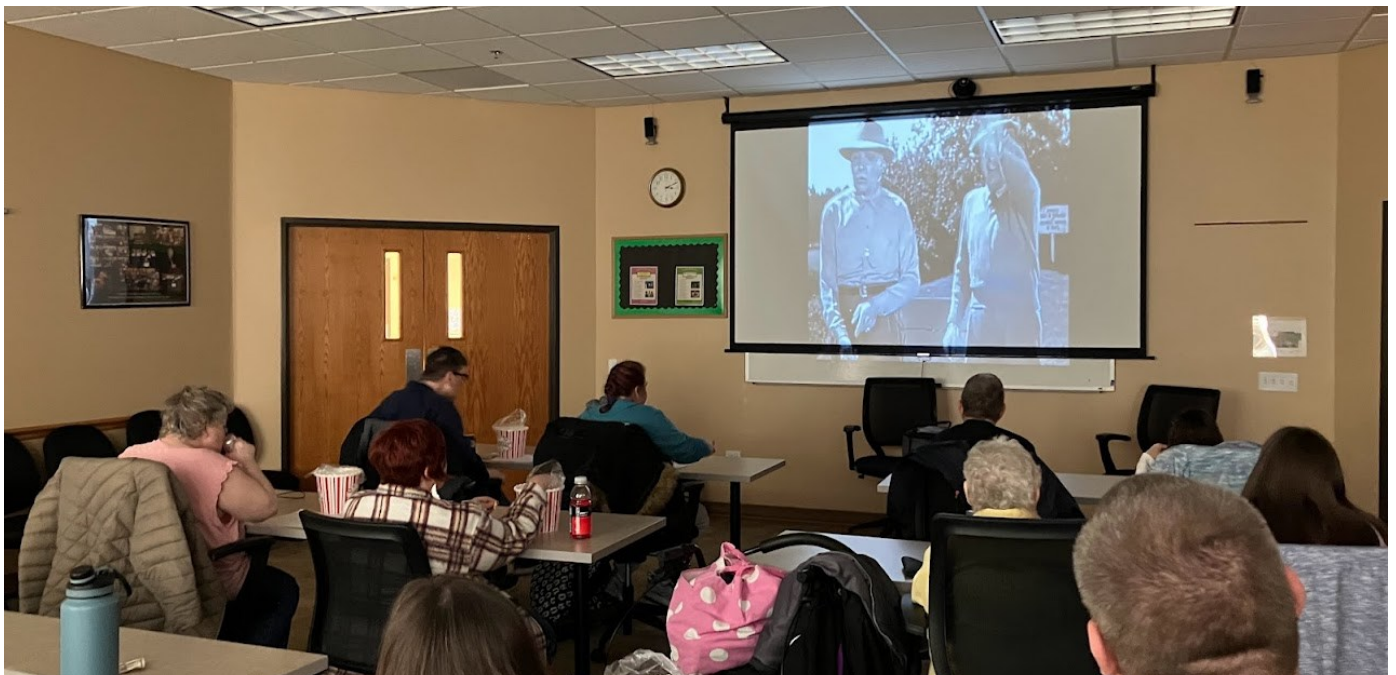


Dinner at Culver's was such a fun time after bowling! There was a balloon artist who made us all some fun and crazy balloon art!

Looking Back!



The Aktion Club members are celebrating their one year of being back in Aktion with some new t-shirts!



We had our very first "Vintage Movie & Popcorn" event. A great turnout with lots of laughs and reminiscing.

Looking Back!



What could Meghan, BJ, and Sydney possibly be looking through all this junk for?



They're building "Recycled Robots" with Miss Jil during Craft! There were so many awesome robots built that day.

Looking Back!



Shelby, Lisa, David, Sydney, Miss Jil, and Libby at the Rockford Conservatory during our Out & About to the Butterfly Exhibit.



We had the chance to learn about the life cycle of butterflies and moths, and surround ourselves with the experience to interact with so many beautiful butterflies.

Looking Back!



Artist Abby made her return for our second Paint & Sip. She taught us all how to paint a beautiful spring field of flowers.



Sydney and Meghan are focused during Paint & Sip. We had to follow direction and wait patiently between each step but it was worth it!

Looking Back!



Steve and Kenny showing off unique and creative pieces.



Libby and Emily showing off their amazing pieces from the Paint & Sip. Check out our Facebook page if you want to see them all!

Looking Back!



Mark, Kevin, Sam, Jason, Dana, Lance, Kerry and Sherri are all ready for BBQ and arcade game fun!



We had a great afternoon and even got the pleasure of meeting semi-pro wrestler Sabotage who was our server! We will get to see him wrestle at our June outing!

Looking Back!



Randy, John, Craig, Jason, Jane, Roxanne, Sara, Lisa, BJ, Sherri, Mark, Kris, our DT friend Heather, and Miss Jil are ready for a fun afternoon at the Volo Auto Museum!



We saw so many cool cars, movie memorabilia and antiques, rode the Merry-Go-Round, and all celebrated our friend Jane's birthday with cupcakes!

Some Fun at Home!

Q: How do sheep celebrate the start of spring?

A: With a baa-baa que!

Q: What video game do they play in igloos?

A: Snow-Fortnite!

Q: Why did the farmer bury all his money?

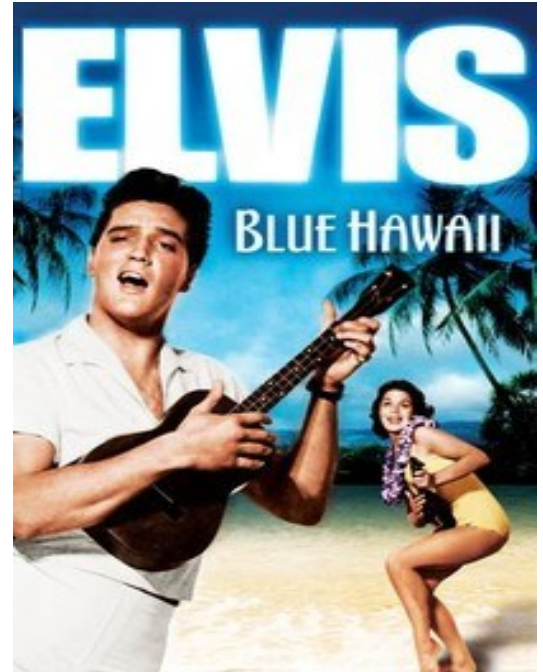
A: To make his soil rich!



Vintage Movie & Popcorn

6/13 Blue Hawaii (1961)

After being discharged from the U.S. Army, cool guy Chadwick Gates (Elvis Presley) returns home to Hawaii. Following several years of strict military life, Gates wants nothing more than to hang loose and surf all day. His family pressures him to work for the family pineapple business. Much to the chagrin of his snobby mother (Angela Lansbury), Gates lands a job as a tour guide at the same company where his girlfriend, Maile (Joan Blackman).



7/18 The Long Long Trailer (1953)



Lucille Ball and Desi Arnaz live slaphappily ever after as newlyweds honeymooning in The Long, Long Trailer. They quickly find that the interior of a moving trailer is ideal for tossing a Caesar salad - and everything else. That backing up their 40-foot, three-ton home is only a little more difficult than threading a needle wearing boxing gloves. And that trailer-park folks are neighborly sorts who turn the lovebirds' rig into the wrong, wrong trailer by crashing the wedding night.

Sneak Peek at June Movies!

6/9 Lilo and Stitch (2002) PG

Stitch would be the perfect pet if he weren't, in reality, a genetic experiment who has escaped from an alien planet and crash-landed on Earth. Through her love, faith and unwavering belief in ohana, Lilo shows Stitch how to love and in return Stitch helps to heal her family.



6/23 Grease (1978) PG

A musical about teens in love in the 1950s. It's California 1958 and greaser Danny Zuko and Australian Sandy Olsson are in love. Danny's the leader of the T-Birds, a group of black leather jacket-wearing greasers while Sandy hangs with the Pink Ladies, a group of pink-wearing girls led by Rizzo . Will they be able to continue their summer love?



Sneak Peek at July Movies!

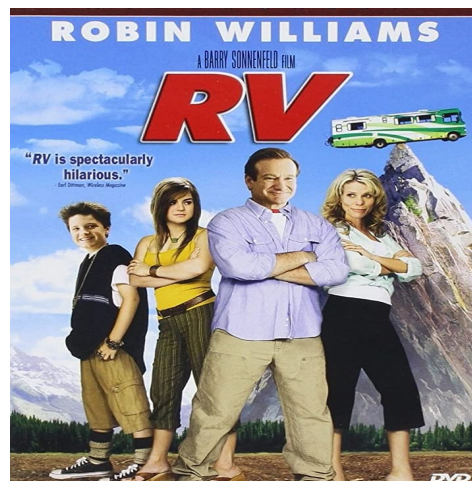
7/14 Space Jam (1995) PG

An evil alien theme park owner needs a new attraction at Moron Mountain. His gang, the Nerdlucks, head to Earth to kidnap Bugs Bunny and the Looney Tunes. Bugs challenges them to a basketball game to determine their fate. The aliens agree, but they steal the powers of NBA basketball players -- so Bugs gets some help from superstar Michael Jordan.



7/28 RV (2006) PG

The Munros are a typically American family, complete with rebellious, uncommunicative offspring and baffled parents. Patriarch Bob would like to remedy the situation before his kids instant-message their parents out of their lives. Bob rents a motor home to take the clan on vacation but soon finds that camping and togetherness can be hazardous to one's health.



Sneak Peek at June Craft Events!

There is a snack and beverage served during crafts.

6/7 Fairy Garden

Build a magical fairy garden and let your imagination grow! Create a planter for fairies, gnomes and forest animals to bring your imagination to life. We will create whimsical pieces out of things we find outside and use in our everyday life to enhance your gardens house and new friends.



6/28 Salt Painting

Salt Painting is a creative way to make a two-dimensional work of art. Create these vibrant paintings with the glittery texture salt paint creates. Watch your before your eyes colors & shapes come to life in a design you created! Easy & Fun!



Sneak Peek at July Craft Events!

There is a snack and beverage served during crafts.

7/5 Scrapbooking Pages

We all love pictures of family, friends and activities. It's fun to look back on our favorite adventures & memories in Recreation. We will assist you in picking some of your favorite photos and putting together the beginning of your own scrapbook. Stickers, paper and bobbles galore to create a place for you to look back and reminisce.



7/26 Tie Dye T-Shirt with Sharpie Markers

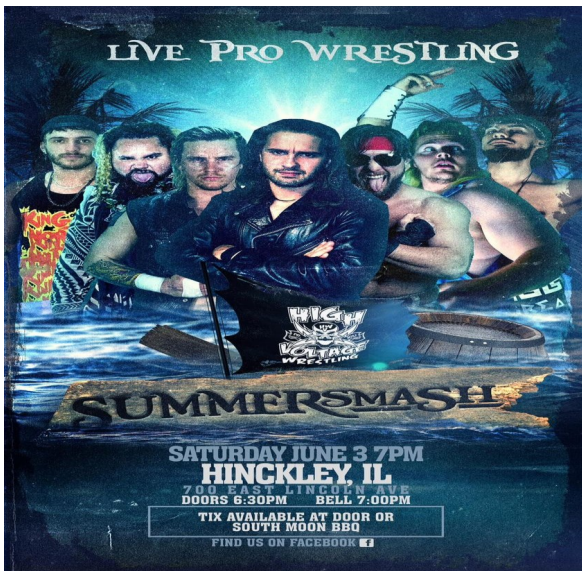
Art meets Science! Let's draw our unique designs on a t-shirt with Sharpie markers. Then we will magically watch our designs turn into a unique tie dye look by using a little science!



Sneak Peek at Out & About June!

6/3 WrestleMania

Let's take it to the mat! Join us for an evening of live-pro wrestling where we will cheer on our favorite wrestler Sabotage! Clients will have the opportunity for a Meet & Greet with autographs and photos. An evening snack will be provided. Rec. will transport clients home after the show.



6/6 Adventure Project + Dinner at Rosita's Mexican Restaurant

Let's get crafty in nature! We're headed to Afton Forest Preserve to work on an adventure project. After our activity, we will head to Rosita's for dinner. Menu will be provided ahead of time. Rec. will transport clients



Sneak Peek at Out & About June!

6/20 Kane County Cougars Game

Buy us some peanuts and crackerjack! We're headed to the ballpark to see the Kane County Cougars play against the Chicago Dogs! We'll have dinner at the game. Rec. will transport clients home when we are finished.



6/25 Cantigny Park + Picnic Lunch

The gardens of Cantigny Park offer beauty and tranquility for all to enjoy. We will enjoy a picnic lunch from Panera (menu will be provided ahead of time), explore the gardens, and have the opportunity to visit the First Division Museum and see army tanks from history! Rec. will transport clients home when we are finished.



Sneak Peek at Out & About July!

7/8 Morton Arboretum + Dinner

We'll explore the Arboretum and the new exhibit "Of the Earth". This event will cover about 2 miles of walking—closed toed shoes are recommended! Dinner will be at Olive Garden—Menu options will be provided ahead of time. Rec. will transport everyone home when we are finished.



7/11 Guy's Night Out

Alright Guys! It's time for Guy's Night Out! We're having family style dinner at Pizza Villa and then it's off to Hopkins Park Bandshell to hear the show! Rec. will transport clients home when we are finished.



Sneak Peek at Out & About July!

7/25 Gal's Night Out

Alright, ladies! Here we go! We're going to start off with dinner at Potbelly's and then it's off to Hopkins Park Bandshell to hear the show! Rec. will transport clients home when we are finished.



7/30 Watermelon Explosion Social

Last year it took us 320 rubber bands last year to explode our watermelon! How many do you think it will take this year? Join us for lunch, exploding watermelon, water balloons, and more! This year, we want to invite staff and family to join as well! Expect a separate email invitation regarding this event.



For any questions or RSVPs, please contact Emily at:

815.895.5108 ext. 119 or ekvasnicka@ohinc.org

Rec Cell: 815.751.2924

& Passcode: 261506

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 15	2	3 Out & About: WrestleMania Location: DO @ 357 Time: 6pm-10 pm Cost: \$40 Limit: 10
4	5 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	6 Out & About: Dinner + Adventure Project Time: 3:00pm-TBA Location: DO @ 357 Cost: \$30 Limit: 8	7 Craft: Fairy Garden Time: 3:00pm-5:00pm Location: 357 Cost: \$20 Limit: 10	8	9 Movie & Popcorn: Lilo and Stitch Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 20	10
11	12 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6	13 Vintage Movie & Popcorn Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	14 Aktion Club Time: 3:00pm-4:30pm Location: 357 Cost: \$5 for snack	15 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 15	16	17
18 Father's Day	19 Juneteenth	20 Out & About: Kane County Cougars Game Time: 4:30pm-? Location: DO/@ 357 Cost: \$55 Limit: 10	21 1st Day Summer	22	23 Movie & Popcorn: Grease Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 20	24 Aktion Club Cap Bagging Time: 10:00am-2:00pm Location: 357 Lunch will be provided Limit: 6 volunteers
25 Out & About: Cantigny Park Time: 10:00am-4:00pm Location: DO @ 357 Cost: \$50 Limit: 6	26 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	27	28 Craft: Salt Painting Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 10	29 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 15	30	

For any questions or RSVPs, please contact Emily at:
 815.895.5108 ext. 119 or ekvasnicka@ohinc.org
 Rec Cell: 815.751.2924

July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1/2	3	4 Independence Day	5 Craft: Scrapbooking Time: 3:00pm-5:00pm Location: 357 Cost: \$15 Limit: 10	6 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	7	8 Out & About: Morton Arboretum + Dinner Time: 2:30pm-? Location: DO @ 357 Cost: \$60 Limit: 6
9	10 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	11 Out & About: Guys Night Out Time: 5:30pm-? Location: DO @ 357 Cost: \$30 Limit: 10	12 Aktion Club Pizza Party Time: 3:00pm-6:00pm Location: 357 Cost: \$5 for dinner	13	14 Movie & Popcorn: Space Jam Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 20	15
16 Biking for Beanie Aktion Club Limit: 4 volunteers Lunch will be provided	17 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6	18 Vintage Movie & Popcorn Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	19	20 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	21 Fun & Fierce Fitness Time: 4:15pm-5:45pm Location: 357 Cost: \$10 Limit: 8	22
23	24 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	25 Out & About: Gals Night Out Time: 5:30pm-? Location: DO @ 357 Cost: \$30 Limit: 10	26 Craft: Tie-dye T-Shirt w/Sharpies Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 10	27	28 Movie & Popcorn: RV Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 20	29
30 Watermelon Explosion Time: 11:00am-3:00pm Location: Hopkins Park Expect a separate email about this	31					