

Opportunity House, Inc.

Rectivity Newsletter

February/March 2024



The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.

Helen Keller

Announcements

Welcome to Winter, Rectivity Friends!

- * What is a Rectivity? It's an awesome idea that our friends at Rec. created for us, rectivity adventures whether in-house or Out & About are always designed and planned by all our friends here in Rec.!
- * Do you follow us on social media? Opportunity House Rec. Department is on Facebook and Instagram! Like and follow us for updates and photos!
FB: Opportunity House—Recreation Department
IG: opportunityhouse_rec
- * Rec. payments need to be made out in full by the end of each month for that month only. Payments need to be handed directly to Emily or left at the front desk of the main building with reception.
- * Because space is limited, last minute cancellations should be avoided unless it is an emergency. If the cancellation comes less than 24 hours in advance, the attendee will still be responsible for paying for that rectivity.
- * For rectivities that occur at the OH main building after business hours, please pick up/drop off everyone at Side Door #2. Please use the doorbell to alert us of your arrival if we're not there waiting for you! The Rec. cellphone number is **815-751-2924**, text or call if you need to communicate with us!



Announcements

- * Rectivity Newsletter/Calendars are released bi-monthly along with a Google Forms request form. Requests are considered and balanced between all rectivity participants. Final RSVP confirmations will then be emailed back before the start of the new newsletter/calendar month.
- * RSVPs requests are not first come first serve. We review all RSVP requests that are received before the deadline before sending back RSVP confirmations.
- * Pricing for Out & About rectivities include transportation, ticket admission, and all meals/food/drink. We will let you know if there is ever additional spending money needed for souvenirs.
- * We are always happy to accept donations for Bingo Prizes, individually packaged snacks for our in-house rectivities, and cases of water bottles for our Out & About rectivities. Thank you to everyone who had donated to us in the last few months!

Let's get ready for a fantastic 2024 filled with adventure!

- Emily Kvasnicka & Jil Cottone



Looking Back!



November's Aktion Club service project included making 10 magnificent wreaths that were donated to the OH group homes!



Practicing "The Tree Pose" during Center & Flow Yoga!

Looking Back!

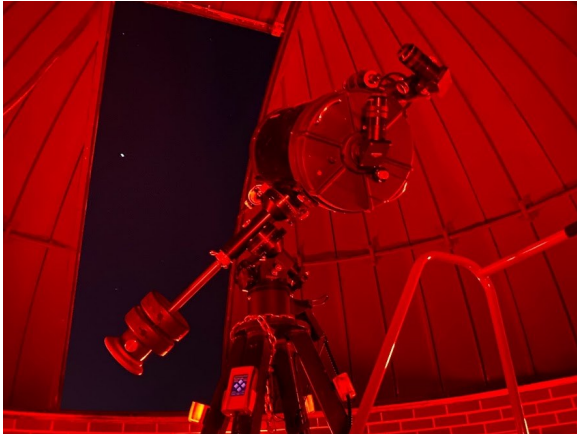


Here's Bobby, Monica, Sydney, Joanna, Jason, Richard, Mitchell and Joe, Out & About in Glen Ellyn for an afternoon of adventure!



We had the perfect afternoon for adventure, taking the train into Glen Ellyn, stopping for lunch at 2 Toots Train Whistle Grill, and exploring the different shops downtown!

Looking Back!



We had an out of this world experience thanks to Dr. Jeremy of the NIU Department of Physics. He gave us a private tour of the observatory. We got to see Jupiter, Saturn, and the double star Mizar!



Let 'er rip! Miss Jil had us try our hand at making medieval artillery. Combining history, science and art into one fun flinging project! Here's Sydney, Michael and Libby showing off their catapults.

Looking Back!



Fun & Fierce Fitness dance crew excited for practice!



A wish can be a powerful thing! After the Thanksgiving holiday, Sam, Lisa, Laura, Sarah, Sheila, Adam, David, Claire, Matthew and BJ (not pictured) got together and to see “Wish”, are we highly recommend you see it!

Looking Back!



20,000 years ago, most of Illinois was covered in a sheet of ice that was on mile thick! Program Director Carol joined Lisa, Shari, Jane, Shelby, Quinn and Mark on this Out & About! We got a chance to learn about the Pleistocene Ice Age era at the Burpee Museum of Natural History in Rockford. Our tour guide Carl taught us about Mammoths and mastodons, the saber-toothed cat, giant beavers, giant sloths and more!



Looking Back!



Having fun with fabric! Creating crafty, wonderful wreaths to fancy up any door for the holidays! It was a relaxing afternoon filled with fun chit-chat and laughter!



Bingo winners galore! 13 fantastic friends showing off their favorite prizes and winning cards!

Looking Back!



An Out & About in December means being ready for rain one minute and snow the next! Libby, Connie, Quinn, Josh, Mark and Monica didn't mind bundling up to explore Summerfield Zoo in Belvidere. They got a chance to meet Santa's reindeer, learn from Santa's helper elves, see some baby reindeer, and enjoyed delicious dinner at Wild Cherry's.



Looking Back!



Sam, Craig, Jane, Andrew, Michael and Mark enjoyed an Out & About trip to the Morton Arboretum to see their Illumination Exhibit. We enjoyed the one-mile walk amid festive music and light effects, laughed and chatted with the fairies, sipped on hot chocolate and cider, stopped to hug a tree, and enjoyed the company of good friends which is what the holiday season is for!



Looking Back!



Deck the sweatshirts for the holidays!

Dana, Libby, Sandra, Matthew, Laura, Sydney, Roxanne, Kathy and Marie glitzed and glammed up some spectacular sweatshirts during a December craft. They're ready to win every holiday sweater contest!



Looking Back!



What a Winter Wonderland! Over 100 friends of OH Recreation gathered together to enjoy our annual holiday party. It was a magical afternoon with a surprise visit from Mr. and Mrs. Claus!



Fun & Fierce Fitness: Miss Jil, Josh, Tim, Laura, Jane, Craig, Lisa, Miss Emily, Monica and Sydney are ready for showtime! We danced on stage at Ovation Performing Arts Studio's holiday performance. We were honored to be the opening act!

Some Fun at Home!

Q: What did one boat say to the other?

A: Are you up for a little row-mance?

Q: Why are teddy bears never hungry?

A: Because they are always stuffed!

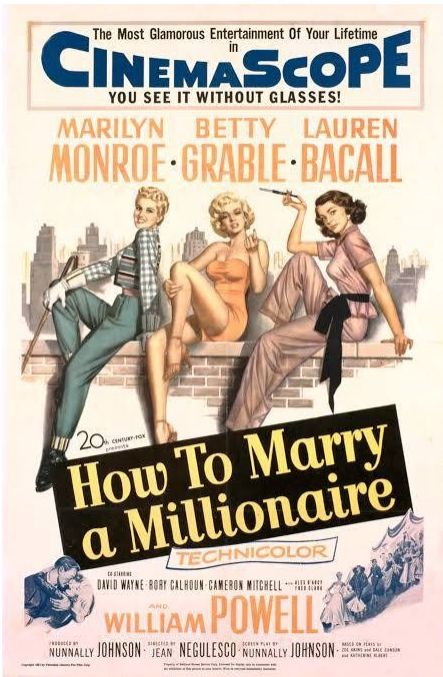
Q: How do you make a tissue dance?

A: Put a little boogie in it!



Vintage Movie & Popcorn

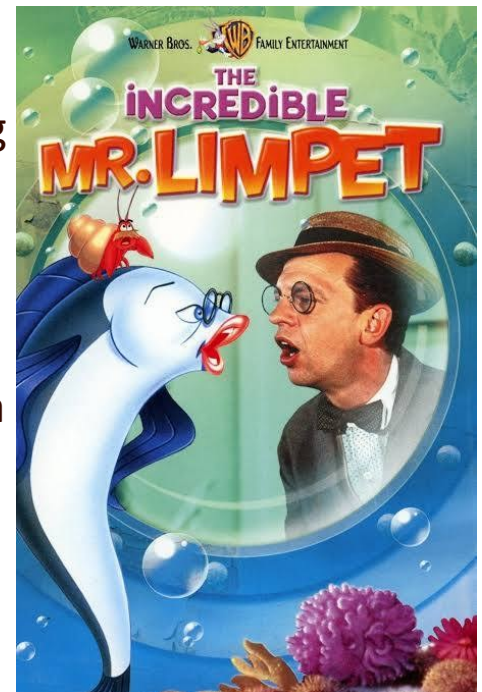
2/13 How to Marry a Millionaire (1953)



Schatze Page, Loco Dempsey and Pola Debevoise (Lauren Bacall, Betty Grable, Marilyn Monroe) are three women on a mission: They all want to marry a millionaire. To accomplish this task, they move into a fancy New York City apartment and begin courting the city's elite. They have no problem meeting rich men, but unfortunately most of them turn out to be creeps or cons. Eventually they must decide: Is a life of luxury more important to them than finding true love?

3/17 The Incredible Mr. Limpet (1964)

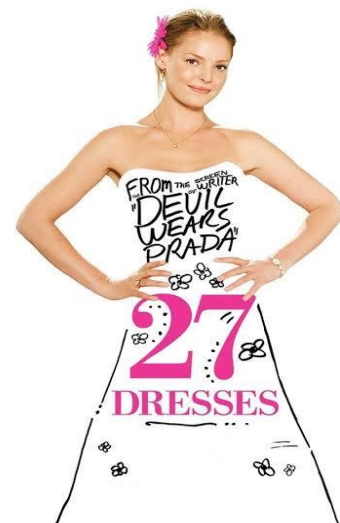
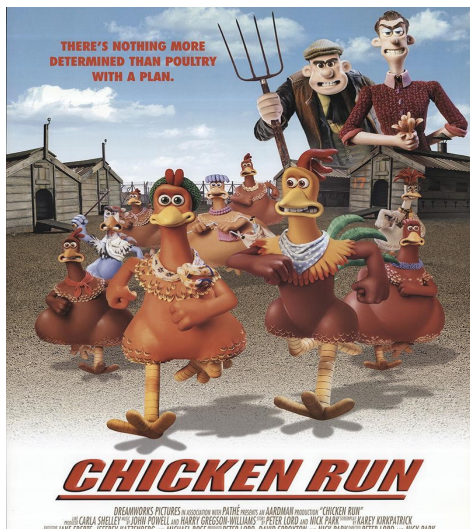
Aquatic life fanatic Henry Limpet (Don Knotts) falls into the sea and transforms into a fish, quickly becoming pals with a crab and developing a romantic bond with a fetching female fish. As a human, Henry was passed over for naval service. But now that he's a fish, he seeks out his friend Lt. George Stickel (Jack Weston). Finding him on a small boat in the Atlantic, Henry explains that he can alert sailors when enemy ships are close by, and soon he's helping America win World War II.



Sneak Peek at February Movies!

2/2 Chicken Run (2000) G

Chicken Run tells the story of a band of chickens doomed to a life of egg-laying on a Yorkshire chicken farm. When a flamboyant America rooster arrives on the scene, the hens hope he can teach them to fly to freedom. However, when a chicken-pie making machine is installed, their need becomes urgent and they must devise other means of escape.



2/23 27 Dresses (2008) PG-13

Jane has been a bridesmaid 27 times. She always puts the needs of others, making her the go-to gal whenever someone needs help with wedding plans. When Jane's younger sister Tess snags the man Jane secretly loves, Jane finds herself questioning her role as a wedding junkie for the first time in her life.

Sneak Peek at March Movies!

3/8 Muppet's Treasure Island (1996) G

A reworking of Robert Louis Stevenson's classic tale in which the Muppets take to the high seas in search of buried treasure. Young Jim Hawkins is given a treasure map by a mysterious sailor and sets sail with his friends the Great Gonzo and Rizzo the Rat. Among the crew is the mutinous seadog Long John Silver, who has his own plans for the loot.



3/22 RED (2010) PG-13

After surviving an assault from a squad of hit men, retired CIA agent Frank Moses reassembles his old team for an all-out war. Frank reunites with old Joe, crazy Marvin and wily Victoria to uncover a massive conspiracy that threatens their lives. Only their expert training will allow them to survive a near-impossible mission -- breaking into CIA headquarters.

Sneak Peek at February Craft Events!

There is a snack and beverage served during crafts.

2/7 Making Hearts from Yarn

Show me your heart! We will use yarn to create 3 different types of hearts. Wrapping yarn in unique ways to create hearts that represent a heart for yourself or your valentine or a friend!



2/21 Create your own fleece pillow

Have fun using fleece to create a cozy pillow you can snuggle up with on the wintery days! Learn to cut fleece and tie up a beautiful new pillow to enjoy.



Sneak Peek at March Craft Events!

There is a snack and beverage served during crafts.

3/20 Making Music

We all love music! So let's create our own. From making instruments out of recycled products to playing them, we are certain to bring laughter and smiles for all!



3/27 Magazine Beads

Put old magazines, newspaper and scrap paper into good use - learn how to make paper beads and make cool recycled jewelry. Each bead will have it's own unique look and made into a beautiful necklace or bracelet.



Sneak Peek at Out & About February!

2/4 Artist Abby's Paint 'n Party + Dinner

Artist Abby is back to show us step-by-step how to paint something for Valentine's Day. Consider joining and making some art for your sweetie, yourself, or anyone you love! While we wait for our artwork to dry, we will all enjoy a delicious taco dinner and a special dessert!



2/6 Movie Theater Adventure: Argylle (PG-13)

Join us for a night out at the movies! We're going to watch "Argylle", a new spy action comedy film at AMC Theaters. In this movie, an introverted spy novelist is drawn into the activities of a sinister underground syndicate. Included in the pricing is ticket, a medium popcorn/drink combo and transportation home after the movie ends.



Sneak Peek at Out & About February!

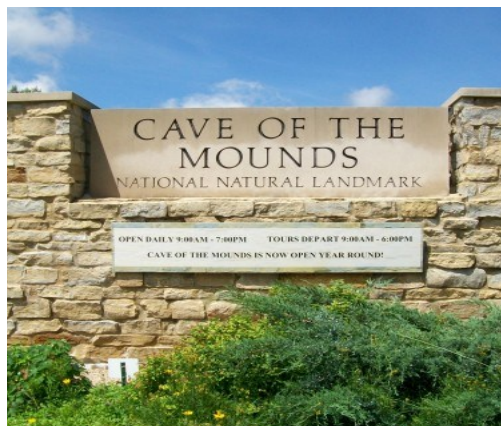
2/16 Rockford Ice Hogs

Let's hit the ice! Join us in watching the Rockford Icehogs v Chicago Wolves at the BMO Harris Bank Center in Rockford. **** Ticket price includes a drink and concession at the game but, there is no dinner Included.** Rec. will transport everyone home when we are finished.



2/24 Cave of the Mounds + Dinner

Spelunking we will go! Join us for a walking tour of Cave of the Mounds, a natural limestone cave near Blue Mounds, Wisconsin! Come learn about stalagmites and stalactites! After cave exploration, we will have dinner at Pizza Ranch (a buffet) before returning home. Rec. will transport everyone home when we are finished.



Sneak Peek at Out & About March!

3/3 Beauty and the Beast: The Broadway Musical

Stage Coach Players production of Disney's Beauty and the Beast is coming to the Egyptian Theatre stage. This Broadway classic is based on the Academy Award-winning animated feature, and the stage version includes all of the wonderful songs. Included in ticket price is a large popcorn/drink. Rec. will transport everyone home when we are finished.



3/16 Gal's Day Out

Let's gather the gals for a great afternoon out of town! We will start with lunch at Culver's where you will have your choice of any regular value basket. Following lunch we will head to Tilted 10 for a game of mini golf and laser tag! Rec. will transport everyone home when we are finished.

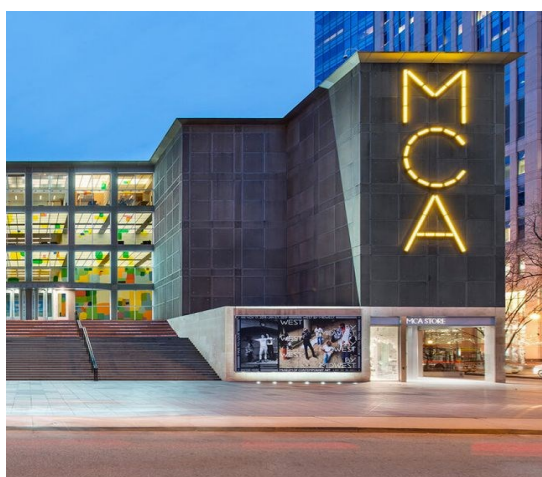
No additional spending money is needed for this outing.



Sneak Peek at Out & About March!

3/23 Museum of Contemporary Art Chicago + Lunch

Join us for an afternoon of artistic adventure! We will start the day with lunch at M Burger. Following lunch, we're off to the Museum of Contemporary Art for a scavenger hunt. The MAC is one of the world's largest museums dedicated to contemporary art. Rec. will transport everyone home at the end.



3/26 Guy's Night Out

Calling all cool dudes! Join us for an evening at Tilted 10 where we will have a round of mini golf and laser tag! After, we will have dinner at Culver's where you will have your choice of any regular value basket. Rec. will transport everyone home when we are finished. No additional spending money is needed for this outing.



February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 15	2 Movie & Popcorn: Chicken Run Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 20	3
4 Painting Party with Artist Abby + Dinner Time: 3:00pm-6:00pm Location: DO @ 357 Cost: \$20 Limit: 15	5 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	6 Out & About: Argyllie Movie in Theaters Time: TBA Location: DO @ 357 Cost: \$30 Limit: 8	7 Craft: Making Hearts from Yarn Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 10	8	9 Fun & Fierce Fitness Time: 4:14pm-5:45pm Location: 357 Cost: \$10 Limit: 8	10
11	12 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6	13 Vintage Movie & Popcorn Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 20	14 Aktion Club Time: 3:00pm-4:30pm Location: 357 Cost: \$5 for snack	15 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 15	16 Out & About: Rockford Ice Hogs Time: 5:30-TBA Location: DO @ 357 Cost: \$50 Limit: 10	17
18	19 President's Day	20	21 Craft: Create a Fleece Pillow Time: 3:00pm-4:30pm Location: 357 Cost: \$20 Limit: 10	22	23 Movie & Popcorn: 27 Dresses Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 20	24 Out & About: Cave of the Mounds Time: 12:30pm-TBA Location: DO @ 357 Cost: \$70 Limit: 6
25	26 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	27	28	29 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 15		

Recreation Cellphone: 815-751-2924

Emily: ekvasnicka@ohinc.org

Jil: jcottone@ohinc.org

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Out & About: Beauty & The Beast the Musical Time: 12:45pm-? Location: DO @ 357 Cost: \$45 Limit: 10	4 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	5	6	7	8 Movie & Popcorn: Muppet Treasure Island Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 20	9
10	11 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6	12	13 Aktion Club Time: 3:00pm-4:30pm Location: 357 Cost: \$5 for snack	14 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	15 Fun & Fierce Fitness Time: 4:14pm-5:45pm Location: 357 Cost: \$10 Limit: 8	16 Out & About: Gal's Day Out Time: 11:00am-? Location: DO @ 357 Cost: \$35 Limit: 8
17 St. Patrick's Day	18	19 Vintage Movie & Popcorn Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 20	20 Craft: Making Music Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 10	21	22 Movie & Popcorn: RED Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 20	23 Out & About: CMA Chicago Scavenger Hunt Time: 10:00am-TBA Location: DO @ 357 Cost: \$70 Limit: 6
24	25 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	26 Out & About: Guy's Night Out Time: 3:00pm-? Location: DO @ 357 Cost: \$35 Limit: 8	27 Craft: Magazine Beads Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 10	28 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12	29	30/31 Easter Sunday