

Opportunity House, Inc.

Rectivity Newsletter

April/May 2024

*A flower does not think of
competing to the flower next
to it. It just blooms.*

zen shin



Announcements

Welcome to Spring, Rectivity Friends!

- * What is a Rectivity? It's an awesome idea that our friends at Rec. created for us, rectivity adventures whether in-house or Out & About are always designed and planned by all our friends here in Rec.!
- * Do you follow us on social media? Opportunity House Rec. Department is on Facebook and Instagram! Like and follow us for updates and photos!
FB: Opportunity House—Recreation Department
IG: opportunityhouse_rec
- * Rec. payments need to be made out in full by the end of each month for that month only. Payments need to be handed directly to Emily or left at the front desk of the main building with reception.
- * Because space is limited, last minute cancellations should be avoided unless it is an emergency. If the cancellation comes less than 24 hours in advance, the attendee will still be responsible for paying for that rectivity.
- * For rectivities that occur at the OH main building after business hours, please pick up/drop off everyone at Side Door #2. Please use the doorbell to alert us of your arrival if we're not there waiting for you! The Rec. cellphone number is **815-751-2924**, text or call if you need to communicate with us!

Announcements

- * Rectivity Newsletter/Calendars are released bi-monthly along with a Google Forms request form. Requests are considered and balanced between all rectivity participants. Final RSVP confirmations will then be emailed back before the start of the new newsletter/calendar month.
- * RSVPs requests are not first come first serve. We review all RSVP requests that are received before the deadline before sending back RSVP confirmations.
- * Pricing for Out & About rectivities include transportation, ticket admission, and all meals/food/drink. We will let you know if there is ever additional spending money needed for souvenirs.
- * We are always happy to accept donations for Bingo Prizes, individually packaged snacks for our in-house rectivities, and cases of water bottles for our Out & About rectivities. Thank you to everyone who had donated to us in the last few months!

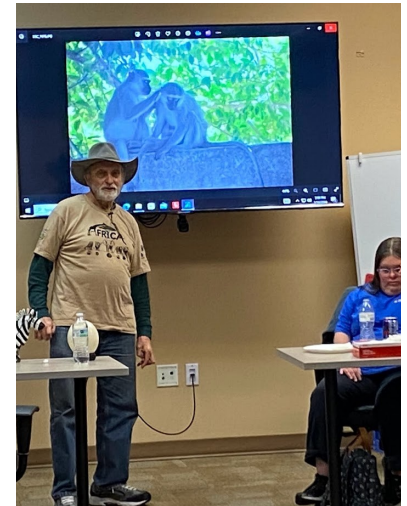
Let's get ready to Spring ahead into adventure!

- Emily Kvasnicka & Jil Cottone

Looking Back!



2024 kicked off with Gal's Night Out! We had so much fun bowling and enjoying dinner at the Sycamore Parkway Restaurant!



Aktion Club members enjoyed a special presentation in January. World Explorer George stopped by to tell us his tales of the African Safari. We also hosted an inter-club meeting with members of the DeKalb, Sycamore and Kishwaukee clubs.

Looking Back!

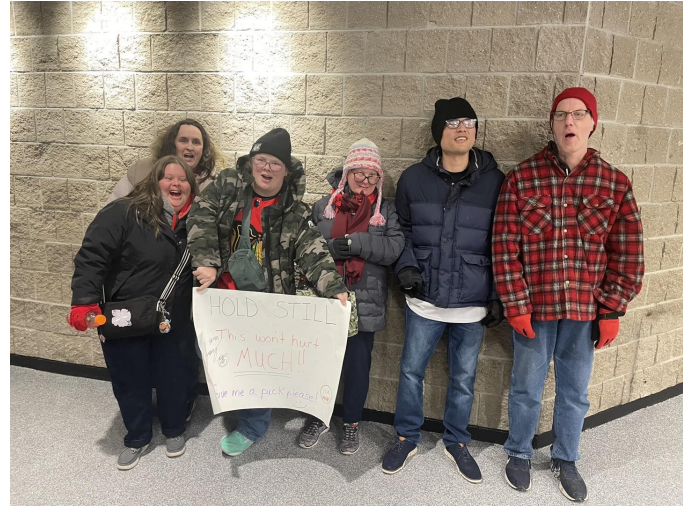


In our Learning to Weave class, we learned how to weave a Tabby Stitch. The two basic components in weaving are “warp & weft”. Warp is the up and down yarns and Weft are the “WEFT to right”.



Our friends had just 1.5 hours to craft a basic weaving project. It's no easy thing to weave but these ladies were patient and kept moving that needle over and under.

Looking Back!



We had a blast on a frigid Friday night adventure to watch the Rockford Ice Hogs vs the Chicago Wolves! We hammed it up with Hammie the Mascot, and even got a signed puck!



All aboard! This fun group bundled up to enjoy a train ride to Chicago, scavenger hunt, and lunch! A perfect way to spend a weekend afternoon.

Looking Back!



Look at all these lucky Bingo winners!



We ended January with a jolly night out with the gentlemen. Guy's Night Out with these great guys was a blast! We had so much fun bowling at Four Seasons and joking around at dinner.

Looking Back!



A smile and a laugh are the duct tape of life; they can fix anything. With a little creativity, teamwork and a ton of fun, we made duct tape lanyards and keychains with Miss Jil during craft this week!



Looking Back!



The Rockford Ice Hogs game was so nice, we did it twice!
This time the Hogs took the win against the Chicago Wolves! 4-0!



Bingo winners galore! 13 fantastic friends showing off their
favorite prizes and winning smiles!

Looking Back!



“All you need to paint is a few tools, a little instruction, and a vision in your mind.” - Bob Ross 🌄

Artist Abby stopped by in February to show us step-by-step how to paint a perfectly lovely sunset. Just like a real sunset, each painting turned out brilliant and unique!



Looking Back!



A fantastically fun group of friends went Out & About to AMC Theaters and caught a showing of the new spy movie, Argylle. We highly recommend you check it out!



In February, Aktion Club members got a chance to learn about nuclear energy. We welcomed Jim from the Byron Nuclear Generating Station who taught us about the importance of nuclear power, how the plant works, and we even got the chance to build our own uranium neutron (out of candy)!

Looking Back!



All you need is love! We were joined by some helping hands from the NIU School of Nursing. Happy to have their extra help as we crafted some beautiful hearts!



Looking Back!



While waiting for Spring's true arrival, we crafted some soft and snuggly pillows to show off!



We can vouch for how soft they are! The perfect accessory for any couch or bed, and we made them!



Some Fun at Home!

Q: How does the sun listen to it's favorite music?

A: On the ray-dio!

Q: If April showers bring May flowers,
what do May flowers bring?

A: Pilgrims!

Q: What kind of shoes do frogs wear?

A: Open-Toad!



Vintage Movie & Popcorn

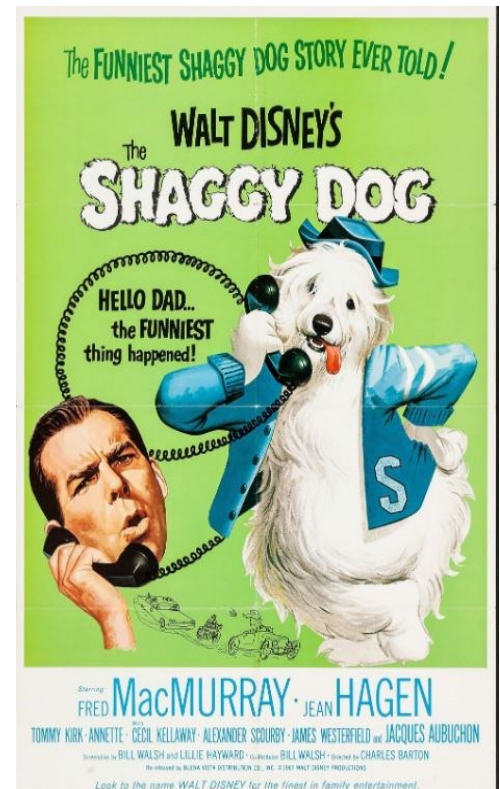
4/17 On the Town (1949)



Fun-loving sailors Gabey, Chip and Ozzie have 24 hours of shore leave in New York City, and they want to make every second count. While Chip hooks up with loudmouth cab driver Brunhilde and Ozzie swoons for prim anthropologist Claire, Gabey falls in love with an actress he sees in an advertisement, Ivy Smith. Leonard Bernstein, with lyricists Betty Comden and Adolph Green, provides the music.

5/14 The Shaggy Dog (1959)

The son of dog-hating former mailman Wilson Daniels, young Wilby accidentally becomes a canine himself when he stumbles upon an ancient curse. Inadvertently invoking a magical spell engraved on a centuries-old ring, Wilby begins turning into a sheepdog at unpredictable times, only to later return to human form. As if this wasn't enough for Wilby, he overhears a plot to steal secret government information while in dog form, leading to unexpected adventure.



Sneak Peek at April Movies!

4/12 The Indian in the Cupboard (1995) PG

On his birthday, Omri is given several simple gifts several toys, and a wooden cupboard. When he places his toys in the cupboard and they come to life, even engaging in entertaining battles. But after one is wounded, Omri begins to understand that his animated toys are not mere playthings.



4/26 Miss Congeniality (2000) PG-13

When a terrorist threatens to bomb the Miss United States pageant, the FBI rushes to find a female agent to go under cover as a contestant. Unfortunately, Gracie is the only female FBI agent who can "look the part" despite her complete lack of refinement and femininity. She prides herself in being "just one of the boys" and is horrified at the idea of becoming a girly girl.



Sneak Peek at May Movies!

5/10 The Super Mario Bros' Movie (2023) PG

While working underground to fix a water main, Brooklyn plumbers and brothers Mario and Luigi are transported through a mysterious pipe to a magical new world. But when the siblings are separated, an epic adventure begins.



5/24 Beethoven (1992) PG

When the family of George Newton decides to adopt a cute St. Bernard puppy, the patriarch soon feels displaced by the dog. While George's wife and kids dote on Beethoven, it takes time for him to see the pooch's finer qualities. However, Beethoven's life with the Newton family is jeopardized when a scheming vet tries to nab the dog for a deadly experiment.



Sneak Peek at April Craft Events!

There is a snack and beverage served during crafts.

4/3 Design a Tote Bag

You'll be able to select a design, color it in and decorate a tote bag. And you'll have a fresh new tote to carry with you on your adventures this Spring!



4/24 Recycled Plastic Flowers

April showers bring May flowers! We are going to be environmentally conscious during Earth Month. Taking plastic, bottles, lids and containers to create gorgeous Spring flowers to put in a vase or hang near a window.

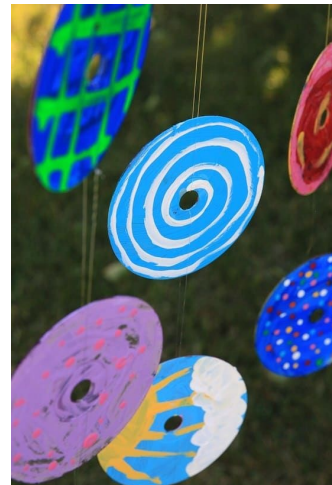


Sneak Peek at May Craft Events!

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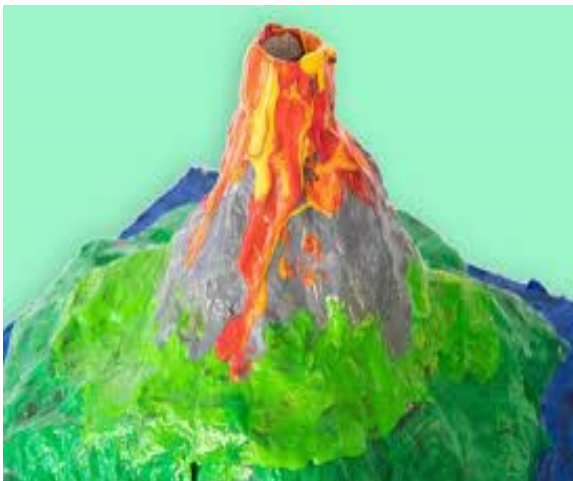
5/1 CD Wind Chimes

Let's upcycle some old CD's to create a beautiful garden windchime. Create your own unique design on each cd and. we will string them to hang so the sun can capture their beautiful colors.



5/29 Art & Science come together to create a Volcano!

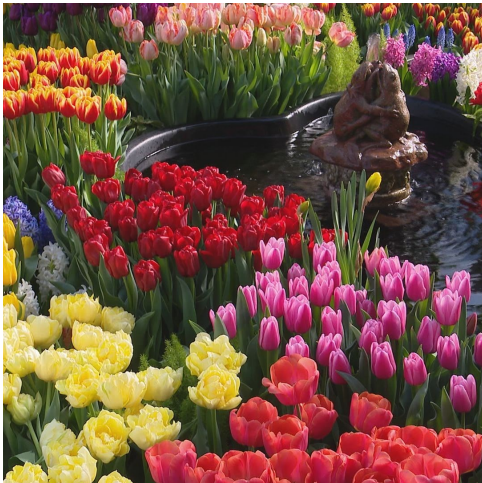
Have you ever wanted to see a volcano erupt? Well here's your chance. We will create our own volcanos from scratch. Then we will do a science experiment in learning how to create an eruption. A little art & a little science in one activity.



Sneak Peek at Out & About April!

4/7 Garfield Conservatory Chicago: Spring Flower Show

Join us in Chicago! We'll start off with lunch at Checker's before enjoying an afternoon of flora, greenery and flowers at the Garfield Conservatory's Spring Flower Show. We will learn about how plants are named while exploring the beautiful flower show of blooms.



4/16 Movie Theater Adventure: Godzilla x Kong (PG-13)

We're going to AMC Theaters to watch "Godzilla x Kong: The New Empire". In this new movie, Godzilla and the almighty Kong face a colossal threat hidden deep within the planet, challenging their very existence and the survival of the human race. Included in the pricing is ticket, a medium popcorn/drink combo and transportation home.



Sneak Peek at Out & About April!

4/27 Civil War Reenactment in Galena

Whether you're an avid Civil War history buff or a general history enthusiast, make time this spring for one of the best Civil War Reenactments.

Included in the afternoon of adventure is lunch at JJ Freddy's.



4/30 Bowling & Dinner

Let's knock 'em down! Bowling is the name of the game, and that's just how we roll! Join us for a game of bowling at Four Season's Sports followed by dinner at Pizza Villa.



Sneak Peek at Out & About May!

5/4 Brookfield Zoo

Lions and tigers and bears, oh my! Our adventure begins with lunch at Bill's Place followed by the sights and sounds of Brookfield Zoo. Did you know that Brookfield Zoo has over 400 different species of animals? Come along and see how many you can find!



5/18 Totally Tiki Luau

Summer is calling! Let's get started a little early and party like we are on the islands. Grab your Hawaiian shirts, sunglasses and get your dance moves ready! Enjoy an evening with friends doing the hula & playing themed summer games. A separate sign-up email will be sent out about this event!



Sneak Peek at Out & About May!

5/21 Movie Theater Adventure: If (RATING)

We're headed to AMC Theaters to see the new movie "If". In this new movie, a young girl begins to see everyone's imaginary friends who have been left behind as their real-life friends have grown up. Included in the pricing is ticket, a medium popcorn/drink combo and transportation.



5/31 Volcano Falls Mini Golf

It's par-tee time at the mini-golf course! Come along for an 18-hole putt-putt game up the side of a volcano! Mini golf is the perfect way to tee off a weekend! We will finish our outing with dinner at Jason's Deli before heading home.



April

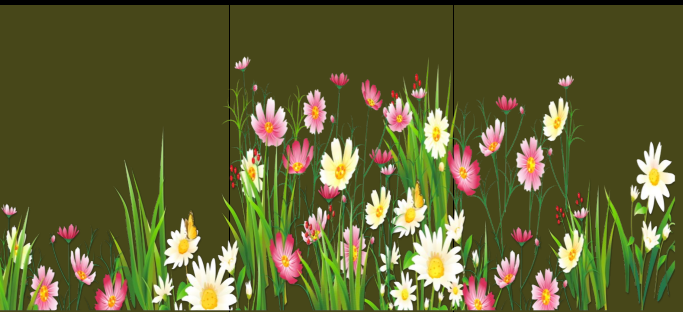
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Craft: Design a Tote Bag Time: 3:00pm-4:30pm Cost: \$15 Limit: 10	4 Prize Bingo Time: 3:00pm-4:30pm Cost: \$5 Limit: 15	5	6
7 Out & About: Spring Flower Show Time: 10:30am-TBA Location: DO @ 357 Cost: \$60 Limit: 6	8 Movin' & Groovin' Time: 3:00pm-4:30pm Cost: \$5 Limit: 12	9	10 Aktion Club Time: 3:00pm-4:30pm Cost: \$5 for snack	11 Fun & Fierce Fitness Time: 3:00pm-5:00pm Cost: \$10 Limit: 8	12 Movie & Popcorn: Indian in the Cupboard Time: 6:00pm-8:00pm Cost: \$5 Limit: 20	13
14	15 Center & Flow Yoga Time: 3:00pm-4:00pm Cost: \$5 Limit: 8	16 Out & About: Godzilla x Kong at AMC Theaters Time: TBA Location: DO @ 357 Cost: \$30 Limit: 8	17 Vintage Movie & Popcorn Time: 3:00pm-4:45pm Cost: \$5 Limit: 20	18 Prize Bingo Time: 3:00pm-4:30pm Cost: \$5 Limit: 15	19	20
21	22 Movin' & Groovin' Time: 3:00pm-4:30pm Cost: \$5 Limit: 12	23	24 Craft: Recycled Plastic Flowers Time: 3:00pm-4:30pm Cost: \$5 Limit: 10	25 Fun & Fierce Fitness Time: 3:00pm-5:00pm Cost: \$10 Limit: 8	26 Movie & Popcorn: Miss Congeniality Time: 6:00pm-8:00pm Cost: \$5 Limit: 20	27 Out & About: Civil War Reenactment Time: 10:30am-TBA Location: DO @ 357 Cost: \$60 Limit: 6
28	29	30 Out & About: Bowling + Dinner Time: 3:00pm-TBA Location: DO @ 357 Cost: \$30 Limit: 10				

Recreation Cellphone: 815-751-2924

Emily: ekvasnicka@ohinc.org

Jil: jcottone@ohinc.org

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Craft: CD Wind Chimes Time: 3:00pm-4:30pm Cost: \$5 Limit: 10	2 Prize Bingo Time: 3:00pm-4:30pm Cost: \$5 Limit: 12	3	4 Out & About: Brookfield Zoo Time: 10:30am-TBA Location: DO @ 357 Cost: \$50 Limit: 6
5	6 Movin' & Groovin' Time: 3:00pm-4:30pm Cost: \$5 Limit: 12	7	8 Aktion Club Time: 3:00pm-4:30pm Cost: \$5 for snack	9 Fun & Fierce Fitness Time: 3:00pm-5:00pm Cost: \$10 Limit: 8	10 Movie & Popcorn: The Super Mario Bro's Movie Time: 6:00pm-8:00pm Cost: \$5 Limit: 20	11
12	13 Center & Flow Yoga Time: 3:00pm-4:00pm Cost: \$5 Limit: 8	14 Vintage Movie & Popcorn Time: 3:00pm-4:45pm Cost: \$5 Limit: 20	15	16 Prize Bingo Time: 3:00pm-4:30pm Cost: \$5 Limit: 12	17	18 Totally Tiki Luau Time: 6:00pm-8:30pm Location: 357 Cost: \$20 RSVP + registration will be via Eventbrite
19	20 Movin' & Groovin' Time: 3:00pm-4:30pm Cost: \$5 Limit: 12	21 Out & About: IF at AMC Theaters Time: TBA Location: DO @ 357 Cost: \$30 Limit: 8	22 Fun & Fierce Fitness Extra Practice Time Time: 2:30pm-3:15pm Cost: Free Limit: 8	23 Prize Bingo Time: 3:00pm-4:30pm Cost: \$5 Limit: 12	24 Movie & Popcorn: Beethoven Time: 6:00pm-8:00pm Cost: \$5 Limit: 20	25
26	27 Memorial Day Observed	28	29 Craft: Create a Volcano Time: 3:00pm-4:30pm Cost: \$15 Limit: 10	30 Showtime! Fun & Fierce Fitness Performance Show Starts At: 6:30pm Cost: TBA	31 Out & About: Volcano Falls Mini Golf Time: 2:30pm-? Location: DO @ 357 Cost: \$40 Limit: 8	