

Opportunity House, Inc. Recreation Newsletter

April/May 2023

Editor: Emily Kvasnicka



SPRING IS A LOVELY
REMINDER OF HOW

beautiful

CHANGE CAN TRULY BE.



Announcements

Hello to everyone!

Spring has sprung! We're excited to announce that there has been an increase in the amount of requests for Rec. activities. We would like to review some of the key pieces of information you need to know about Rec.:

- * Do you follow us on social media? Opportunity House Rec. Department is on Facebook and Instagram! Like and follow us for updates and photos!
FB: Opportunity House—Recreation Department
IG: opportunityhouse_rec
- * Please remember to rank your activity choices by preference (1st choice, 2nd choice, 3rd choice) when you send in your RSVPs.
- * Rec. payments need to be made out in full by the end of each month for that month only.
- * Because space is limited, last minute cancellations should be avoided unless it is an emergency. If the cancellation comes less than 24 hours in advance, the client will still be responsible for paying for that activity.
- * For activities that occur at the OH main building after business hours, please pick up/drop off clients at Side Door #2. Please use the doorbell to alert us of your arrival if we're not there waiting for you!



Announcements

- * Pricing for Out & About activities include transportation, ticket admission, and all meals/food/drink. Rec. will let you know if there is ever additional spending money needed for souvenirs. Rec. will transport clients home at the end of Out & About activities.
- * If you would like to make a financial donation to the Rec. Department, a check can be made out to Opportunity House Recreation Department and dropped off at the main building. We also are always happy to accept Bingo Prizes, craft supplies, individually packaged snacks for our in-house activities, and buttered microwave popcorn for our Movie & Popcorn nights. If you are cleaning out cabinets & drawers and run across any items you want to donate to us, send us an email for call! Contact Jil at jcottone@ohinc.org or 815-751-2924.
- * We want to extend a personal thank you to everyone who has participated in Rec. You give us the best job ever! Working for you!

Now, onward to our Spring adventures!

- Emily and Jil



Looking Back!



February started out with lots of love and a Valentine's Day Card making Craft!



Shelby, Kris, Jason, Marie, BJ, David and Sam braved the frozen tundra and enjoyed a sunny Sunday in Lake Geneva.

Looking Back!



We sipped on hot chocolate, had a dance party on the frozen lake, did some window shopping, and had dinner at Olympic Family Restaurant.



Aktion Club held their first interclub meeting since 2019. Members from the DeKalb, Sycamore, and Kishwaukee Kiwanis attended our meeting and helped us work on our service project.

Looking Back!



We had a first ever Soulmate Soiree on Valentine's Day. Nine lovely couples came over for authentic, home cooked Italian food at Café Cottone.



After dinner, the lovely couples enjoyed chocolate covered strawberries, sweet cupcakes from Cakes by Lorry and watched one of the most romantic films of all time, The Princess Bride!

Looking Back!



Sydney, Liz, Libby, Connie, Sheila, Sarah, Sam, Carol and Diane got Out & About to see the new movie Mummies at AMC.



Guest artist Bly Logan visited to host "Create Your Own Comic Book"! We made our own villains and heroes to save the day!

Looking Back!

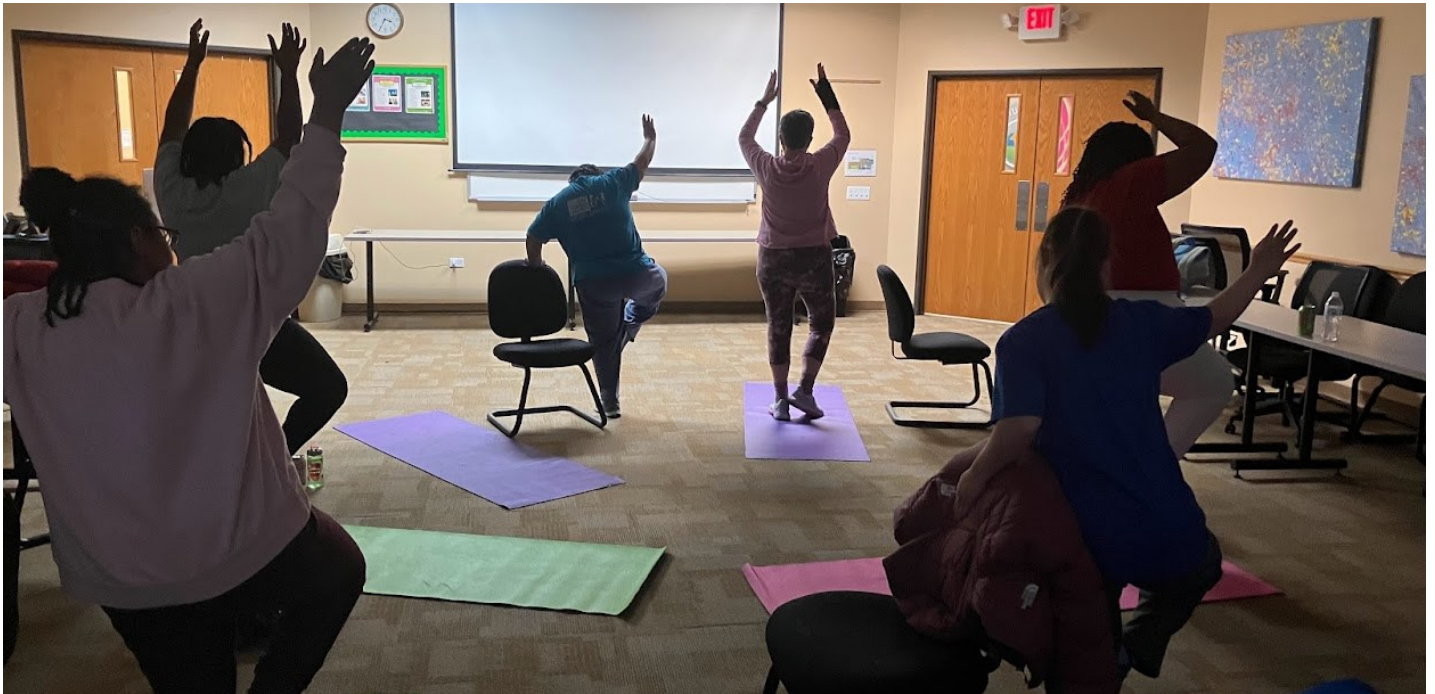


Lance, Jason M., Craig, Jason A., John, Randy, Kevin, Sam, BJ, Bobby and Joe took Rec. Coordinator Emily and Rec. Assistant Jil on a date to AMC to see the newest Marvel movie!

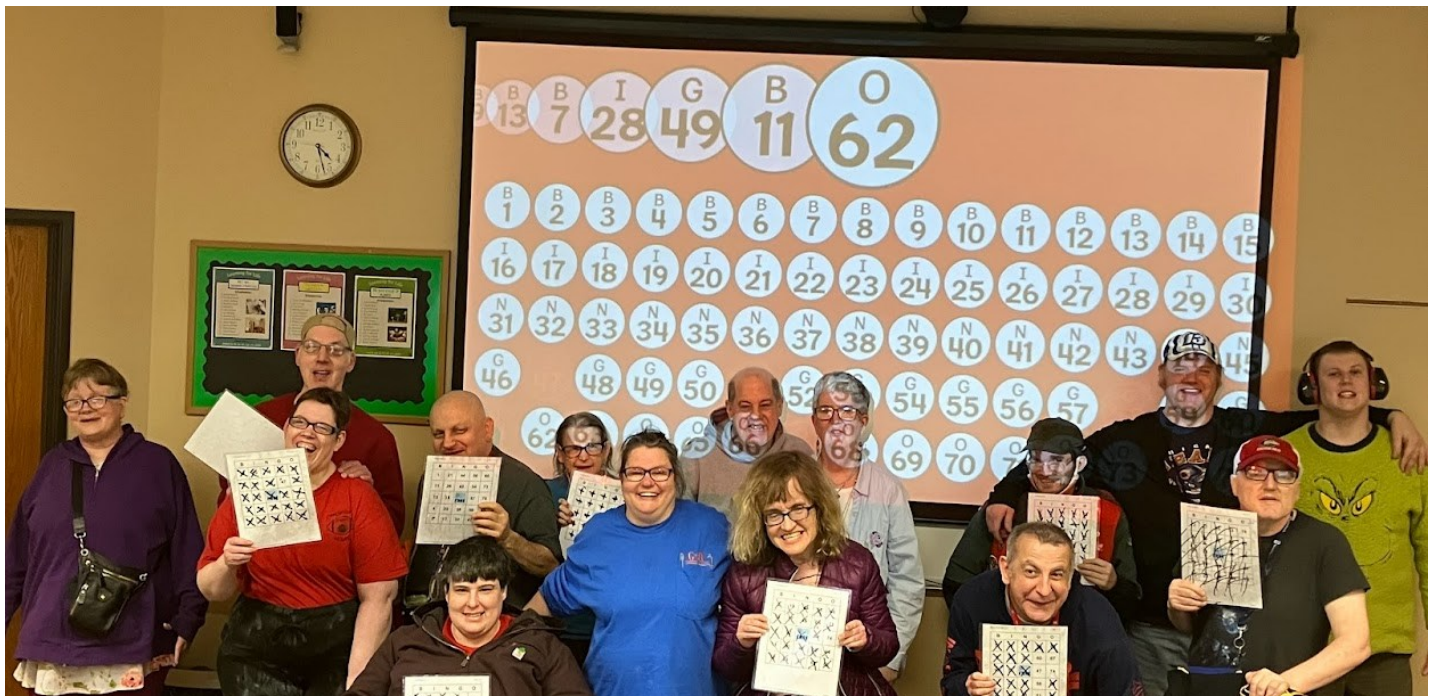


We filled almost the whole theater! If you haven't seen Antman and the Wasp: Quantumania yet, we definitely recommend it!

Looking Back!



The Center & Flow Yoga group is reaching their goals by practicing the Tree position. They have been practicing their balance and coordination.



Our biggest group of Bingo Buddies yet! We had 15 buddies competing for prizes. So many winners!

Looking Back!



Joe, Janet, Bobby, John, Sam, Sydney, Frank, Roxanne, Beth, Sheila, Kris and Sam got Out & About to Chicago!



It was a great adventure! We went for a mile long walk through the city. We debated on whether it's the "Sears Tower" or the "Willis Tower". What do you call it?

Looking Back!



We stopped for a quick lunch at Potbelly's before heading out on our Chicago adventure.



In March, Aktion Club held elections for cabinet members. We are very proud of all of the candidates who ran for office. Make sure to congratulate Jane on winning the Presidency!

Looking Back!



Craig, David, BJ, Jason, Rec. Assistant Jil, Randy and Shadow are Out & About, ready for putt-putt at Tilted 10 in Rockford!



We had quite a few hole-in-ones and finished up Guy's Night Out with dinner at Firehouse Subs and some shopping at Goodwill. 10/10 a great adventure!

Looking Back!



“Mixed Media Collage” was our one of our March crafts. Here is Sydney, Rach, and Laura’s!



Don’t you just love these Mixed Media Collages from Angela, Jenny, and Kenny!?
They’re so creative!

Sneak Peek at April Movies!

4/21 Mary Poppins (1965) G

When Jane and Michael, the children of the wealthy and uptight Banks family, are faced with the prospect of a new nanny, they are pleasantly surprised by the arrival of the magical Mary Poppins. Embarking on a series of fantastical adventures with Mary and her Cockney performer friend, Bert, the siblings try to pass on some of their nanny's sunny attitude to their preoccupied parents.



4/28 George of the Jungle (1997) PG

George has raised himself since he was a baby and a plane crash stranded him in an African jungle. Now an adult, George has his first human contact when he rescues explorer Ursula from a lion. George and Ursula connect, and she takes George back to San Francisco. When George learns his gorilla buddy has been captured, he and Ursula return on a rescue mission.



Sneak Peek at May Movies!

5/19 Rogue 1: A Star Wars Story (2016) PG-13

Former scientist Galen Erso lives with his wife and young daughter, Jyn. His peaceful existence comes crashing down when the evil Orson Krennic takes him away from his beloved family. Many years later, Galen becomes the Empire's lead engineer for the Death Star. Because her father holds the key to its destruction, Jyn joins plans for the Rebel Alliance.



5/26 Wedding Singer (1998) PG-13

Set in 1985, Adam Sandler plays a nice guy with a broken heart who's stuck in one of the most romantic jobs in the world, a wedding singer. He loses all hope when he is abandoned at the altar by his fiancé. He meets a young woman named Julia, who enlists his help to plan her wedding. He falls in love with her and must win her over before she gets married.



NEW Vintage Movies & Popcorn!

We are excited to start a new activity once a month for our senior clients 60 plus. Each month, we will feature a vintage favorite. Be ready for laughter and reminiscing while enjoying these movies from years gone by.

4/18 Blondie & Dagwood-Blondie in the Dough (1947)

One of the many hysterical Blondie & Dagwood adventures. In this movie Dagwood and his boss are frantically searching for an eccentric cookie tycoon in order to sign him to a contract. Unknown to them, Blondie has already met him and the man is enjoying himself making cookies in Blondie's kitchen while Dagwood is at work.



5/16 Bringing Up Baby (1938)

Screwball sparks fly when Cary Grant and Katharine Hepburn let loose in one of the fastest and funniest films ever made—a high-wire act of invention that took American screen comedy to new heights of absurdity. Hoping to procure a million-dollar endowment from a wealthy society matron for his museum, a hapless paleontologist finds himself entangled with a dizzy heiress as the manic misadventures pile up—a missing dinosaur bone, a leopard on the loose, and plenty of gender-bending mayhem among them.



Some Fun at Home!

Q: How do sheep celebrate the start of spring?

A: With a baa-baa que!

Q: What video game do they play in igloos?

A: Snow-Fortnite!

Q: Why did the farmer bury all his money?

A: To make his soil rich!



Sneak Peek at April Craft Events!

There is a snack and beverage served during crafts.

4/5 Spring Fabric Wreaths

It's time to brighten up our spaces with Spring. So, why not make a fabric wreath? We will tie pieces of scrap fabric in Spring colors to brighten up our days!



4/19 Earth Day Found Art Recycled Robot

It's earth month! We are all about recycling and re-using. Let's gather some found items and design & create your very own artwork and make cool robots! Each one unique and special! What will you name your robot?



Sneak Peek at May Craft Events!

There is a snack and beverage served during crafts.

5/3 Bubble Art

Who doesn't love the fun of creating bubbles! Let's use that fun to create beautiful Spring flowers!



5/24 Make Your Own Championship Belt w/Bly Logan

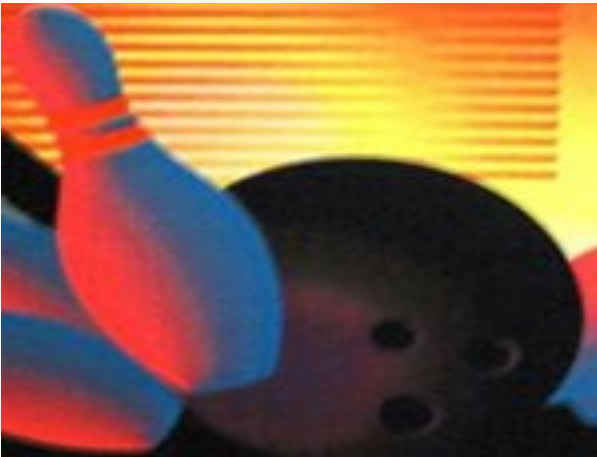
We are welcoming back our guest artist Bly Logan to help us create your very own championship belt! Whether you are a WWE wrestler or diva fan this craft will make you a champ. And a special guest wrestler will be stopping by to show us a real championship wrestling belt.



Sneak Peek at Out & About April!

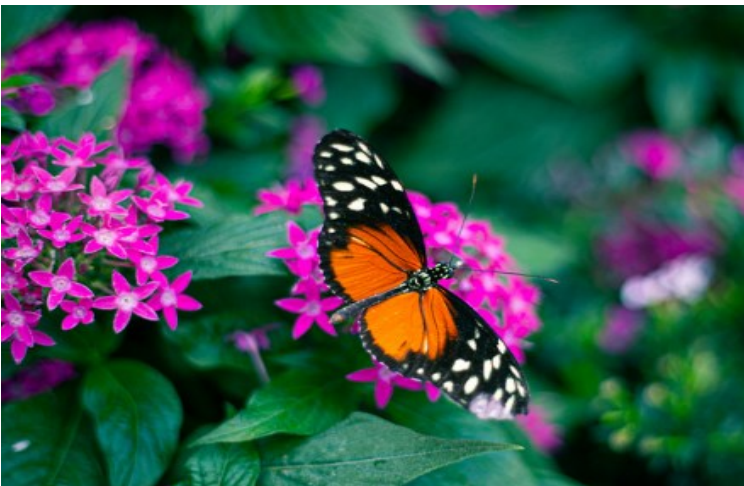
4/11 Dinner at Culver's and Bowling

We are heading out for dinner at Culver's this month. Spend time with friends, catching up with one another and talking about warmer days ahead! After dinner, we will head to 4-Seasons Sports for a game of bowling.



4/22 Nicholas Conservatory Butterfly Exhibit + Lunch

Join us to explore the wild, wonderful, and often strange world of butterflies and moths! Get an up-close look at these amazing insects in the butterfly house as you're surrounded by native and exotic butterflies! We will have lunch at Jason's Deli before seeing the exhibit.



Sneak Peek at April!

4/26 Paint & Sip Pizza Party with Artist Abby

Let's PAINT! Get the brushes and the canvases out. We are so excited to welcome Abby back to share her talents and create a beautiful piece of Spring artwork. After our painting party, we will have pizza for dinner.



4/30 South Moon Barbeque Lunch + Arcade

Join us for a delicious lunch at South Moon BBQ in Hinkley. Following lunch, we will have the opportunity to play a variety of games at their arcade. Clients will be given \$10 in quarters to use at the arcade. Rec. will drop clients off at home at the end of the activity.



Sneak Peek at Out & About May!

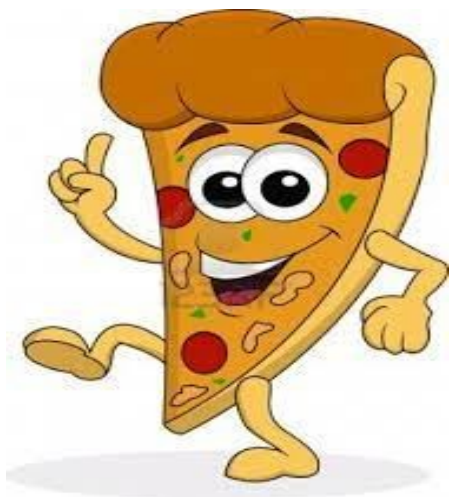
5/9 Guys Night Out at the Movies

The Guys are heading to the movies to see "Guardians of the Galaxy Vol. 3" The gentlemen attending this event will receive a medium popcorn and soda at the show. Additional spending money can be brought for candy if desired.



5/13 Volo Car Museum & Lunch

Rev up your engines! Established in 1960, the **Volo Auto Museum** is an automobile museum and collector car dealer. The museum contains an exhibit of collectors' autos from vintage to modern classics, bizarre cars, cars previously owned by the rich and famous, and a large, one-of-a-kind, Disney and Looney Tunes characters display. We will have lunch on site. Clients can bring additional spending money for souvenirs if desired.



Sneak Peek at May!

5/20 Totally Tiki Luau

Summer is calling! Let's get started a little early and party like we are on the islands. Grab your Hawaiian shirts, sunglasses and your dance moves ready! Come enjoy an evening with friends doing the hula & playing themed summer games.



5/30 Gals Night Out at the Movies

Alright Gals, let's head to the movies to see Disney's live action version of "The Little Mermaid". Ladies attending this event will receive a medium popcorn and soda at the show. Additional spending money can be brought for candy if desired.



For any questions or RSVPs, please contact Emily at:

815.895.5108 ext. 119 or ekvasnicka@ohinc.org

Rec Cell: 815.751.2924

& Passcode: 261506

April

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|---|--|--|---|
| 1/2 | 3 | 4 | 5 Craft: Spring Fabric Wreath Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 8 | 6 | 7 Good Friday | 8 |
| 9 Easter | 10 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12 | 11 Out & About: Bowling & Dinner Time: 3:00pm-TBA Location: DO @ 357 Cost: \$25 Limit: 10 | 12 Aktion Club Time: 3:00pm-4:30pm Location: 357 Cost: \$5 for snack Art Show | 13 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 14 | 14 Fun & Fierce Fitness Time: 4:15pm-5:45pm Location: 357 Cost: \$10 Limit: 8 | 15 |
| 16 | 17 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6 | 18 Vintage Movie & Popcorn Time: 3:00-4:30 pm Location:357 Cost: \$5 Limit:10 Limit:12 | 19 Craft: Earth Day Robot Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 8 | 20 | 21 Movie & Popcorn: Mary Poppins Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 16 | 22 Out & About: Nicholas Conservatory Location: DO @ 357 Time: 10:00am-5:00pm Cost: \$45 Limit: 6 |
| 23 | 24 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12 | 25 | 26 Paint & Sip with Artist Abby Time: 3:00pm-6:00pm Location: DO @ 357 Cost: \$10 Limit: 10 | 27 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 14 | 28 Movie & Popcorn: George of the Jungle Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 16 | 29 |
| 30 Out & About: Arcade + Lunch Time: 11:00am-3:00pm Location: DO/@ 357 Cost: \$45 Limit: 10 | | |  | | |  |

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May

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|--|--|--|
|  | 1 | 2 | 3 Craft: Bubble Painting Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 8 | 4 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12 | 5 Band Together | 6 |
| 7 | 8 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12 | 9 Out & About: Guys Night Out Movie Time: 3:00pm-7:30pm Location: DO @ 357 Cost: \$35 Limit: 10 | 10 Aktion Club Time: 3:00pm-4:30pm Location: 357 Cost: \$5 for pizza | 11 | 12 Fun & Fierce Fitness Time: 4:15pm-5:45pm Location: 357 Cost: \$10 Limit: 8 | 13 Out & About: Volo Car Museum + Lunch Time: 9:15am-5:30pm Location: DO @ 357 Cost: \$50 Limit: 9 |
| 14 | 15 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6 | 16 Vintage Movie & Popcorn Time: 3:00-4:30 pm Location:357 Cost: \$5 Limit:10 | 17 | 18 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12 | 19 Movie & Popcorn: Rogue One Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 16 | 20 Totally Tiki Luau Time: 6:00pm-9:00pm Location: DO @ 357 Cost: \$20 Limit: 100 |
| 21 Ovation Dance Performance | 22 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 12 | 23 | 24 Craft: Make Your Own Championship Belt Time: 3:00pm-4:30pm Location: 357 Cost: \$10 Limit: 8 | 25 | 26 Movie & Popcorn: The Wedding Singer Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 16 | 27 |
| 28 | 29 Memorial Day | 30 Out & About: Gals Night Out Movie Time: 3:00 pm-7:30pm Location: DO @ 357 Cost: \$35 Limit: 10 | 31 | |  | |